

BUILD A STRONGER PRAYER LIFE

Talk with God. Grow in faith.
Experience His peace.



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*Be with Jesus. Become like Jesus.
Help someone else do the same.*

Build a Stronger Prayer Life

Prayer is an important part of spiritual growth because prayer is how we talk with God.

You do not need special words. You do not need to sound like a preacher. God wants you to come to Him honestly.

Tell God what is happening in your life.

Thank Him for what He has given you. Ask Him for help. Tell Him when you are afraid. Confess when you have sinned. Pray for your family, friends, church, and people who need Jesus.

Prayer is not only about asking God for things.

Prayer is about building a relationship with Him.

Jesus taught His disciples to pray. He also showed them how important prayer was by making time to pray Himself.

The Bible says, **“Pray without ceasing.” — 1 Thessalonians 5:17 (NKJV)**

That does not mean you must stay on your knees all day. It means prayer can become part of everything you do.

Make Prayer Part of Your Day

Pray when you wake up.

Pray before making an important decision.

Pray when you are worried.

Pray when someone needs help.

Pray when God blesses you.

Pray when you do not know what to do.

And keep praying when the answer does not come quickly.

Sometimes spiritual growth happens while we are waiting.

We may ask God for something and expect an answer right away. But God may use the waiting time to teach us patience, trust, and faith.

Do not stop talking with God simply because you do not see an answer.

Prayer is not about controlling God. Prayer teaches us to depend on Him.

You can also spend part of your prayer time simply thanking God. Thank Him for your family. Thank Him for another day. Thank Him for salvation. Thank Him for the ways He has helped you before.

The more you pray, the more natural prayer can become.

Soon you may find yourself talking with God throughout the day instead of only during emergencies.

That is a sign of spiritual growth.

Your first response to a problem begins changing from **“What am I going to do?”** to **“God, what should I do?”**

That is a powerful change.

A stronger prayer life can lead to stronger faith. Talk with God today. Be honest. Keep praying. Keep trusting. And keep the conversation going.

Build a Stronger Prayer Life

Begin With Honest Prayer

God is not waiting for perfect words. He wants your heart. Tell Him what you are thinking and feeling. If you are happy, thank Him. If you are afraid, tell Him. If you have sinned, confess it. If you need wisdom, ask for it. Prayer becomes stronger when we stop trying to impress God and begin speaking to Him with honesty.

Listen as You Pray

Prayer is not only about speaking. Make room to listen too. Read a few verses from the Bible and ask, "Lord, what do You want to teach me?" Sit quietly for a moment. Think about what God has already said in His Word. He may remind you of a truth you need to obey, a person you need to forgive, or someone who needs your prayers.

Pray Before the Problem

Do not make prayer your last choice. Make it your first response. Pray before the meeting. Pray before the hard talk. Pray before you make a choice. Pray for your family before trouble comes. When prayer becomes part of normal life, you learn to depend on God before a crisis begins.

Keep Praying While You Wait

Some prayers are answered quickly. Others take time. Waiting can be hard, but waiting does not mean God has forgotten you. Keep praying. Keep trusting. Let the waiting season draw you closer to Him.

Jesus said, "Men always ought to pray and not lose heart" - Luke 18:1 (NKJV).

When you do not see an answer, remember that God can still be working. He may be changing the situation, changing another person, or changing you.

A Simple Prayer for Today

Lord, help me talk with You throughout this day. Teach me to pray before I worry and trust You while I wait. Help me listen to Your Word and obey what You show me. Make prayer more than something I do in trouble. Make it part of my daily walk with You. Amen.

Start small. Start today. Keep the conversation with God going.